Our World Ocean provides:

**The Air We Breathe**
- >50% The ocean produces over half of the world's oxygen and stores 50 times more carbon dioxide than our atmosphere.

**Climate Regulation**
- 70% Covering 70% of the Earth's surface, the ocean transports heat from the equator to the poles, regulating our climate and weather patterns.

**Transportation**
- 76% Percent of all U.S. trade involving some form of marine transportation.

**Recreation**
- From fishing to boating to kayaking and whale watching, the ocean provides us with so many unique activities.

**Economy**
- $282 billion Amount the U.S. ocean economy produces in goods and services. Ocean-dependent businesses employ almost 3 million people.

**Food**
- The ocean provides much more than just seafood. Ingredients from the sea are found in surprising foods such as peanut butter and soymilk.

**Medicine**
- Many medicinal products come from the ocean, including ingredients that help fight cancer, arthritis, Alzheimer's disease, and heart disease.